

Astor Travel Fund Report - Professor Golda Ginsburg

We were delighted to welcome Professor Golda Ginsburg from the University of Connecticut to Oxford from the 26th April to the 9th May 2025.

Professor Ginsburg is a leading child and adolescent psychologist in the USA and internationally. Her productive research career spans the areas of aetiology, assessment, phenomenology, prevention and treatment of childhood psychiatric disorders. As such we were delighted that she fully embraced being part of the Oxford academic community while she was here, interacting with students, faculty, research staff, and our clinical collaborators.

After joining me for breakfast at Brasenose College, Professor Ginsburg kicked off her visit with her Astor Lecture entitled 'Prevention and Treatment of Paediatric Anxiety Disorders' which took place on Monday 28th April to a packed room in the Department of Experimental Psychology's New Radcliffe House. This was attended by colleagues from across and beyond the Department of Experimental Psychology and provided the opportunity for Professor Ginsburg to establish connections that she was able to build on over the course of her visit.

Professor Ginsburg was extremely generous with her time while she was here- joining lab meetings with The Oxford Psychological Interventions in Children and young people (TOPIC), Oxford Risk and Resilience Genes and Environment (ORANGE), and the Oxford Child and Adolescent Psychiatry research groups. She also had individual meetings with numerous DPhil students and academics and led a session with collaborating clinicians from Oxford Health NHS Foundation Trust. Professor Ginsburg and I also met on numerous occasions throughout the week to discuss our latest research and overlapping interests. We have continued to maintain contact since and can see many potential fruitful opportunities to collaborate in the future.

Professor Ginsburg enjoyed spending three nights engaging with the college community while staying at Brasenose College, including experiencing a formal hall which was quite a treat. She was lucky to time her visit with May Morning so we met up early so that she could enjoy that unique Oxford experience. She also took the opportunity to visit various locations nearby during her free time, including the Cotswolds and London, and joined me on a daytrip to the RollRight Stones, along with a visiting academic from Japan.

We are extremely grateful to the Board of Management of the Astor Travel Fund for this opportunity which was invaluable both for Professor Ginsburg and the many colleagues with whom she interacted.